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# Strawberry Spinach Salad

BY [LAURA REGE](#) UPDATED: APR 11, 2024**YIELDS:**  
**4** serving(s)**PREP TIME:**  
**15** mins**TOTAL TIME:**  
**20** mins**CAL/SERV:**  
**559**

## Ingredients

**2 Tbsp.** fresh lemon juice**1/2 tsp.** Dijon mustard**1/4 cup** extra-virgin olive oil

Kosher salt

Freshly ground black pepper

**5 cups** packed baby spinach (5 oz.)**2** rotisserie chicken breasts, shredded or cut into 1/2" pieces**2 cups** thinly sliced strawberries**3/4 cup** chopped toasted pecans**1/4** small red onion, thinly sliced**5 oz.** feta, crumbled

## Directions

### Step 1

In a large bowl, whisk the lemon juice with the mustard. While whisking, slowly pour in the oil until the dressing is combined. Season with salt and pepper.

### Step 2

Add spinach, chicken, strawberries, 1/2 cup pecans, and onion to the bowl with the dressing and toss to combine.

### Step 3

Pile salad onto plates and top with the remaining pecans and a generous crumbling of feta.

[See All Nutritional Information](#) 