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Strawberry Spinach Salad

BY [LAURA REGE](#) UPDATED: APR 11, 2024

YIELDS:

4 serving(s)

PREP TIME:

15 mins

TOTAL TIME:

20 mins

CAL/SERV:

559

Ingredients

- 2 Tbsp. fresh lemon juice
- 1/2 tsp. Dijon mustard
- 1/4 cup extra-virgin olive oil
- Kosher salt
- Freshly ground black pepper
- 5 cups packed baby spinach (5 oz.)
- 2 rotisserie chicken breasts, shredded or cut into 1/2" pieces
- 2 cups thinly sliced strawberries
- 3/4 cup chopped toasted pecans
- 1/4 small red onion, thinly sliced
- 5 oz. feta, crumbled

[See All Nutritional Information](#)

Directions

Step 1

In a large bowl, whisk the lemon juice with the mustard. While whisking, slowly pour in the oil until the dressing is combined. Season with salt and pepper.

Step 2

Add spinach, chicken, strawberries, 1/2 cup pecans, and onion to the bowl with the dressing and toss to combine.

Step 3

Pile salad onto plates and top with the remaining pecans and a generous crumbling of feta.